

Mothers & Daughters

The course for mothers of pre-teen and teenage daughters
presented by **Psychologist Megan de Beyer**

'Mothers & Daughters' is an online course presented by acclaimed psychologist and parent expert Megan de Beyer. The course gives access to LIVE lectures, practical tips, worksheets, notes and live Q&A. Key topics covered:

Tues 7th September - 11am to 12pm

Developing healthy personal boundaries online & socially

Thurs 9th September - 11am to 12pm

The impact of the pandemic on the family.
The role of a mother in a daughter's life.

Tues 14th September - 11am to 12pm

Boys, love, sex and friends

Thurs 16th September - 11am to 12pm

Social Scene - drugs, parties and trends

Tues 21st September - 11am to 12pm

Conscious parenting and communication, good relationships in the family & Q/A.

Thurs 23rd September - 11am to 12pm

Healthy living: hormones, eating and body image

For any queries email howtoraiseaman@gmail.com.

[Click here to register for this online course](#)

"I benefited from this programme enormously. It has taken away the fear of parenting a teenager. I have learnt new skills for dealing with my teens and have clarified my role as a mother. Megan's style and approach make it easier to understand." Michaelhouse Mother. "Thank you so much for the wonderful parenting workshop today. I have come away full of knowledge and inspired to look at my parenting from a slightly different perspective. I am so pleased to have attended." Karen (Jersey, UK) - 2012

A programme for mothers of pre-teen and teenage daughters. As a mother, you want to have a connected, meaningful relationship with your daughter and yet allow her autonomy, independence and uniqueness as she reaches young adulthood. The programme deepens your understanding of female adolescent development and offers advice on how to communicate and deal with your teenage daughter in a balanced way, that allows her to grow and mature into her own integrity as a woman.

Course Details

6 x 1 hour online sessions LIVE with Megan de Beyer.
Course workbook included - R1,500

Closing date for registration and payment:

2 September 2021

For more information & course enquiries contact:

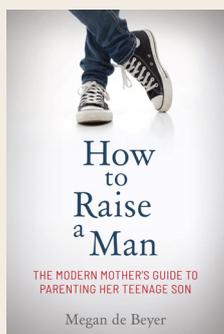
E-mail: howtoraiseaman@gmail.com

Payment options

Paypal (email mdebeyer@gmail.com) or

Quicket [Click here for Quicket payment](#)

Telepsychology
statements
available for
Medical Aid
claims



Megan De Beyer, MA (Psychology), MSc (Holistic Ecology), is an international specialist parent psychologist. Megan facilitates the successful course "Strong Mothers, Strong Sons" online. She is a celebrated writer and speaker, having been featured on popular media channels in South Africa and Australia. She is the mother of two healthy, balanced young men.

Megan's book, *How to Raise a Man: A Modern Mother's Guide* reveals important insights about the development of masculinity. Full of practical advice, Megan's book is an essential read for mothers seeking compassion and wisdom while navigating the teenage years.

[Click here for Megan's website](#)

[Click here to buy Megan's book](#)


Megan de Beyer

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