



MICHAELHOUSE

Strong Mothers – Strong Sons

the online course for mothers of teenage boys

presented by Psychologist Megan de Beyer & guest speaker Tim Jarvis, Michaelhouse School Counsellor

A reminder of our topics

Wed 17th February – 12pm to 13pm

Understanding what it means to be a teen, the struggle for identity.

Wed 24th February – 12pm to 13pm

Mom's role in raising a son, negotiating space vs. limits.

Wed 3rd March – 12pm to 13pm

Masculinity, gender differences and testosterone...
with Tim Jarvis of Michaelhouse.

Wed 10th March – 12pm to 13pm

Communicating with boys, his silence & his IT.

Wed 17th March – 12pm to 13pm

Tackling boys' emotions, yours and his; (anxiety & anger).

Wed 24th March – 12pm to 13pm

Q & A with Megan & Tim. (Including impact of Corona-virus).

This Week

Wed 17th February – 12pm to 13pm. Understanding what it means to be a teen, the struggle for identity.

The intention of this session is to highlight the 'tasks' of adolescence, how it impacts on the family and how to support his struggle for his unique identity.

Wed 24th February – 12pm to 13pm. Impacts of the pandemic on the family. Q & A with Megan de Beyer & Tim Jarvis.

Megan will present her advice for the next two weeks for engaging and supporting your family over the next 10 days and she will share stress reducing tips. Tim will share what Michaelhouse is offering. We will then open to sharing our personal experiences and ask questions related to the impact of Corona on our family lives and how it effects schooling.



Telepsychology statements available for Medical Aid claims

Welcome to the new ONLINE course presented by Megan de Beyer with Tim Jarvis from Michaelhouse Counselling Centre. We are excited that you have joined us and we look forward to learning and growing together.

Please note that you have 6 lectures running on Wednesdays. Click on the Zoom link that you will receive by email. The password is TEENAGER.

Each session you will attend a lecture with practical tips and there will be time for questions in the last 10 minutes. Please have a notepad and pen handy so that you can write down notes and your questions. You are also welcome to type in questions within the webinar. All features of the Zoom technology will be shared with you at the beginning of the first session.

Please be sure to be online and in the webinar by 11:50am on Wednesday 17th February 2021.

**Zoom Meeting ID: 364 677 3717
Passcode: Teenager**

For school queries please contact Caryl at CarBal@michaelhouse.org. Or Megan at howtoraiseaman@gmail.com about the course.



[Click here for Megan's website](#)

[Click here to buy Megan's book](#)

Megan de Beyer



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