



HILTON COLLEGE

Strong Mothers - Strong Sons

the online course for mothers of teenage boys

Megan de Beyer – Psychologist



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This well-known course by psychologist, Megan de Beyer, has been curated for Hilton College and brought to you as an ONLINE course. The course covers the essential topics listed and runs over 6 ONE HOUR online sessions. R1200 incl workbook.

Each session includes a lecture from Megan and a worksheet to be completed at home. There is a bonus session offered by Michael Pitchford, school counsellor of Hilton, talking on masculinity and answering your concerns about your son at school.

This course, since being launched at Bishops in 2002, has travelled to every Independent Boys school in SA, several times to San Francisco as well as to the UK and Australia, where it has inspired thousands of mothers. "A mother wishes to have a connected, meaningful relationship with her teenage son that allows him autonomy, independence and maleness," says Megan, founder of the course. This ONLINE version will equip you with tools and information to raise a son in a balanced way. It also addresses the anxiety and complications of lockdown.

[Click here to register for this online course.](#)
An account will be emailed to you.

Telepsychology
statements
available for
Medical Aid
claims

The new ONLINE course presented by Megan de Beyer, runs over 6 sessions and includes lectures, practical tips, worksheets, notes and time for questions. You will be sent the link to join once you register and pay. The topics covered are:

Tues 19th May – 11am to 12:15pm

Impacts of Corona-virus. Q & A with Megan & Michael.

Thurs 21st May – 11am to 12:15pm

Understanding what it means to be a teen, the struggle for identity.

Tues 26th May – 11am to 12:15pm

Mom's role in raising a son, negotiating space vs. limits.

Thurs 28th May – 11am to 12:15pm

Masculinity, gender differences and testosterone...
with Michael Pitchford, school counsellor of Hilton.

Tues 2nd June – 11am to 12:15pm

Communicating with boys, his silence & his IT.

Thurs 4th June – 11am to 12:15pm

Tackling boys' emotions, your anxiety & anger and his.

Thurs 9th June – 11am to 12:15pm

TBC Bonus Session.

"I benefited from this programme enormously. It has taken away the fear of parenting a teenager. I have learnt new skills for dealing with my two teen boys and have clarified my role as a mother. Megan's style and approach make it easier to understand." Michaelhouse Mother. "Thank you so much for the wonderful parenting workshop today. I have come away full of knowledge and inspired to look at my parenting from a slightly different perspective. I am so pleased to have attended." Karen (Jersey, UK) - 2012

Megan de Beyer, MA (Psychology), MSc (Holistic Ecology) is an international Psychologist and group facilitator. She has facilitated many successful and well-subscribed Mothers and Sons courses at most Independent boys' school in South Africa. She has been invited to California, Australia and UK; as well as presenting at conferences on parenting.

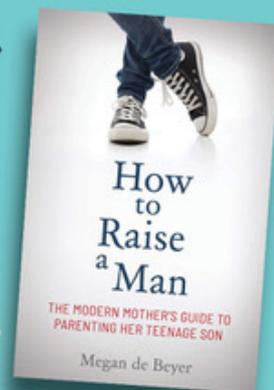
See her advice on The Village Facebook group where she is the co-founder. She is a mother of 2 young men. She has recently extended her studies to include Ecopsycholgy & Mindfulness. She is the author of "How to Raise a Man - a modern mother's guide to parenting her teenage son". The ebook is available to buy now.

[Click here for Megan's website](#)

[Click here to buy Megan's book](#)



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Contact Megan

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