



HILTON COLLEGE

Strong Mothers – Strong Sons

the course for mothers of teenage boys

presented by Psychologist Megan de Beyer & guest speaker Michael Pitchford, Hilton Clinical Psychologist

'Strong Mothers, Strong Sons' is an online course presented by acclaimed psychologist and parent expert Megan de Beyer. The course gives access to LIVE lectures, practical tips, worksheets, notes and live Q&A.

Key topics covered:

Tues 3rd August – 12pm to 1pm

Understanding what it means to be a teen, the struggle for identity.

Thurs 5th August – 12pm to 1pm

The impact of the pandemic on the family.
The role of a mother in a son's life.

Tues 10th August – 12pm to 1pm

Masculinity, gender differences and testosterone defines a male.
(Michael Pitchford)

Tues 17th August – 12pm to 1pm

Sex, drugs, parties and social media - how to mentor.

Tues 24th August – 12pm to 1pm

Conscious parenting, good relationships in the family & Q/A.

Thurs 26th August – 12pm to 1pm

Tackling boy's emotions, yours and his: (anxiety and anger).

For any queries email Adele: aew@hiltoncollege.com.

[Click here to register for this online course](#)

"I benefited from this programme enormously. It has taken away the fear of parenting a teenager. I have learnt new skills for dealing with my two teen boys and have clarified my role as a mother. Megan's style and approach make it easier to understand." Michaelhouse Mother. "Thank you so much for the wonderful parenting workshop today. I have come away full of knowledge and inspired to look at my parenting from a slightly different perspective. I am so pleased to have attended." Karen (Jersey, UK) - 2012

Are you struggling with your teenager? Ready for the struggle to end? If so, this course is an essential first step. 'Strong Mothers, Strong Sons' has helped thousands of mothers globally, to heal and connect with their sons. This course gives access to a community of mothers led by an acclaimed parent expert, offering vital tools for conscious parenting of teen boys.

"A mother yearns to have a connected, meaningful relationship with her teenage son that allows him autonomy, independence and maleness," - Megan de Beyer

Course Details

7 x 1 hour online sessions LIVE with Megan de Beyer.
Course workbook included - R1,500

Closing date for registration and payment:

27 July 2021

For more information contact:

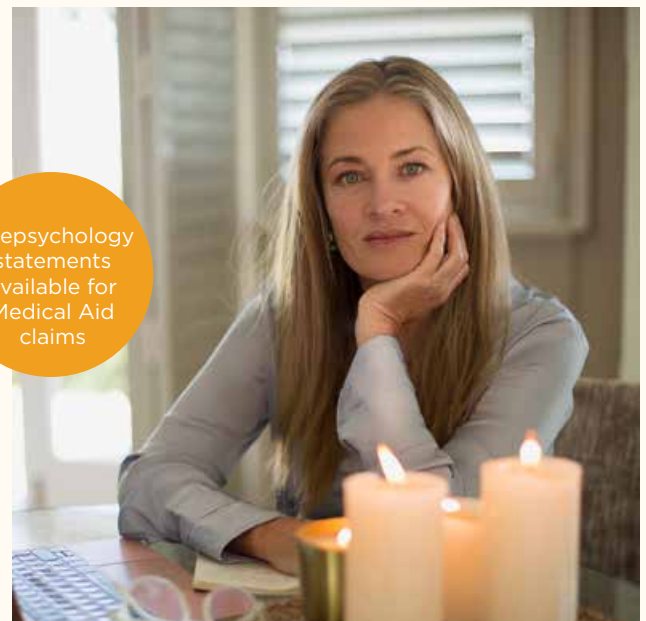
E-mail: Adele at aew@hiltoncollege.com

For course content enquiries contact megan on howtoraiseaman@gmail.com

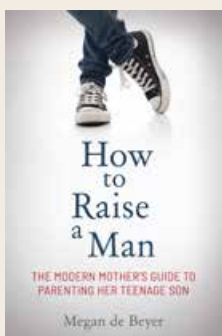
Payment options

Paypal (email mdebeyer@gmail.com) or

Quicket [Click here for Quicket payment](#)



Telepsychology statements available for Medical Aid claims



Megan De Beyer, MA (Psychology), MSc (Holistic Ecology), is an international specialist parent psychologist. Megan facilitates the successful course "Strong Mothers, Strong Sons" online. She is a celebrated writer and speaker, having been featured on popular media channels in South Africa and Australia. She is the mother of two healthy, balanced young men.


Megan's book, How to Raise a Man: A Modern Mother's Guide reveals important insights about the development of masculinity. Full of practical advice, Megan's book is an essential read for mothers seeking compassion and wisdom while navigating the teenage years.

[Click here for Megan's website](#)

[Click here to buy Megan's book](#)


Megan de Beyer

 @megandebeyer

 083 790 3700

 megan@megandebeyer.com

 Megandebeyer.com